

The Dashboard

Mapping the Gaps for Optimal Aging in Israel

Indicators of Optimal Aging

Health

Meaning

Economic Resilience

Healthy Lifespan 🗸 📝

% Years in Good Health

Men: 56% (11.2 yrs)

Women: 47% (10.6 yrs)

Functionality 671

17% - difficulty with ADL

33% - difficulty with IADL

28% feel lonely

Loneliness () Quality of Life

36 pt. (12-48) in CASP

Disposable / Income

NIS 7,504 (\$2,300)! [21% are <60% of

this amount]

Ability to Cope

40% struggle to cope

financially

Predictive Indicators for Optimal Aging

Health Management

50% have low health literacy



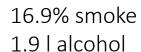
Compliance | persistence

- Rehab
- Medication



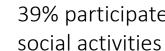


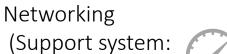












family/friends)



39% participate in



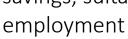
Social Lifestyle



Income | Assets, savings, suitable

literacy 13.7/21 pts

Financial Capability



Low financial



Digital Literacy – a cross-cutting predictor that influences all metrics

Mapping the Gaps for Optimal Aging in Israel

Prevent Decline | Dependency due to

Impact Personal & Economic Risk Health Risk Social Risk

28% feel lonely

Indicators of Successful Aging

% Years in Good Health

Women: 47% (10.6 yrs)

Men: 56% (11.2 yrs)

Health

Healthy Lifespan / / Functionality / /



17% - difficulty with ADL

33% - difficulty with IADL

Meaning

Loneliness 🗗 🧪 ¦ Quality of Life 🦳

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Economic Resilience

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Cope

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Large Scale **Initiative**

Healthy Management

Quality Employment

Digital Literacy

Social Involvement

Retirement Preparedness

Upgrading Nursing Care

Age Friendly Cities

Affordable Housing

Cross-Cutting

Technology | Raising Awareness | Behavioral Economics | Data, Research, Knowledge Training | Regulation |

Instruments

Thank you



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