JDC Eshel

OPTIMAL AGING

for 100 Years of Life

2023 Work Plan ‖ December 2022

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Theory of Change

Rationale

Israel's (and the world's) population is aging

- In 2020 the number of people aged 60+ around the world exceeded the number of children aged up to 5

- From 2015-2050, the world's 60+ pop. will almost double (from 12%-22%)

- During the same period, the number of elderly in Israel will grow by 78.5% (Brookdale Institute, Statistical Yearbook)

Maintaining the status quo without focusing on prevention is a social and economic threat

Target Groups

People aged 60+ who are **at a risk to deteriorate financially, socially and physically :**

- Financially – 40% struggle financially

- Socially – 28% feel lonely

- Physically – 33% have difficulty with IADLs and live for 10 years in poor health due to health/ functionality decline

Desired Impact

Maximize the individual's **independence and autonomy** during aging…

… and **postpone dependence** on others and on services…

focused on **vulnerable populations**

The impact aims to **maximize the benefit to the individual as well as the benefit to the economy.**

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Goals and Measurement

Large-Scale Initiatives

Digital Inclusion

Retirement Preparedness

Quality Employment

Social Belonging

Hospitalization & Reablement

Preventive Nursing Care

Age-Friendly Cities (Muni100)

Accessible Housing

A Movement for Change
Encourage others in the ecosystem adopt and work towards the same impact goals

How we'll know we got there

Impact Measurement

- 15 primary indicators for optimal aging
- 25 predictive indicators
- Set national goals and refine indicators
- Follow up : Biannual CBS report on national indicators
- Boost accessibility by developing a digital system
- Create indicators to measure system impact

Where we need to go

Impact Goals

Improve:

- Health management
- Healthy lifestyle
- Active social lifestyle
- Financial preparedness
- Digital literacy

Dashboard for Optimal Aging

Health

▶ Healthy years

Men: 56% (11.2 years)
Women: 47% (10.6 years)

▼ Functionality

17% find ADL difficult
33% find IADL difficult

Meaning

▼ Loneliness

28% feel lonely

▶ Quality of life

36 pts. (of 12-48)

Economic Resilience

▶ Ability to Cope

40% have difficulty managing financially

▶ Disposable Income

NIS 7,504 ($2,100)
21% have less than 60% of this sum

Predictive Indicators of Optimal Aging

Health Management

▶ 57% report their subjective health condition as good

▲ 81.9% had flu shot

▶ 78.3% had pneumonia shot

Healthy Lifestyle

▶ Engage in physical activity: 63% moderate | 45% strenuous

● 59% performed at least 2 out of 3 healthy behaviors

● 15.4% are underweight*

Socially-Active Lifestyle

▶ 22% are employed

▶ 37% engage in social activity

Proximity to social network index: 2 out of 4

● 90.8% say they have someone to depend on in an emergency

Financial Readiness

● Income | Assets, savings, adapted employment

▼ Financial literacy is low: 13.7 points out of 21

Digital Literacy: 73% use the internet | 26.2% use it for gov't services and 64.1% for information searches ●

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▲ Above   ▶ Similar   ▼ Below   ● Data missing

OECD average

Large-Scale Initiatives
Optimal Aging for 100 years of Life

Hospitalization & Reablement	Retirement Preparedness	Social Belonging	Quality Employment
Digital Inclusion	Preventive Nursing Care	Age Friendly Cities (Muni100)	Accessible Housing

Cross -Cutting Activities

Digital data study |Knowledge development and training | Promoting policy and awareness | Managing partnerships

Predictive Indicators of Optimal Aging

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Healthy Lifestyle
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O E C D   a v e r a g e

July 26, 2021 | Government Resolution

Resolution 127

Roadmap for National Indicators of Optimal Aging

1. Adopt the Roadmap for National Indicators of Optimal Aging.

2. Task staff with the continued development of the indicators and with recommending goals by the end of 2021.

3. Continually measure the status of the indicators (CBS) and submit a status report to the Government every two years, including international comparisons. Measures should relate to demographic cross sections (e.g. by community, age, gender, geographic area).

4. Instruct the relevant ministries to direct their activities and interventions on impacting the indicators of aging and narrowing the gaps (that the indicators point to) between relevant demographic groups.

The Challenge of Aging

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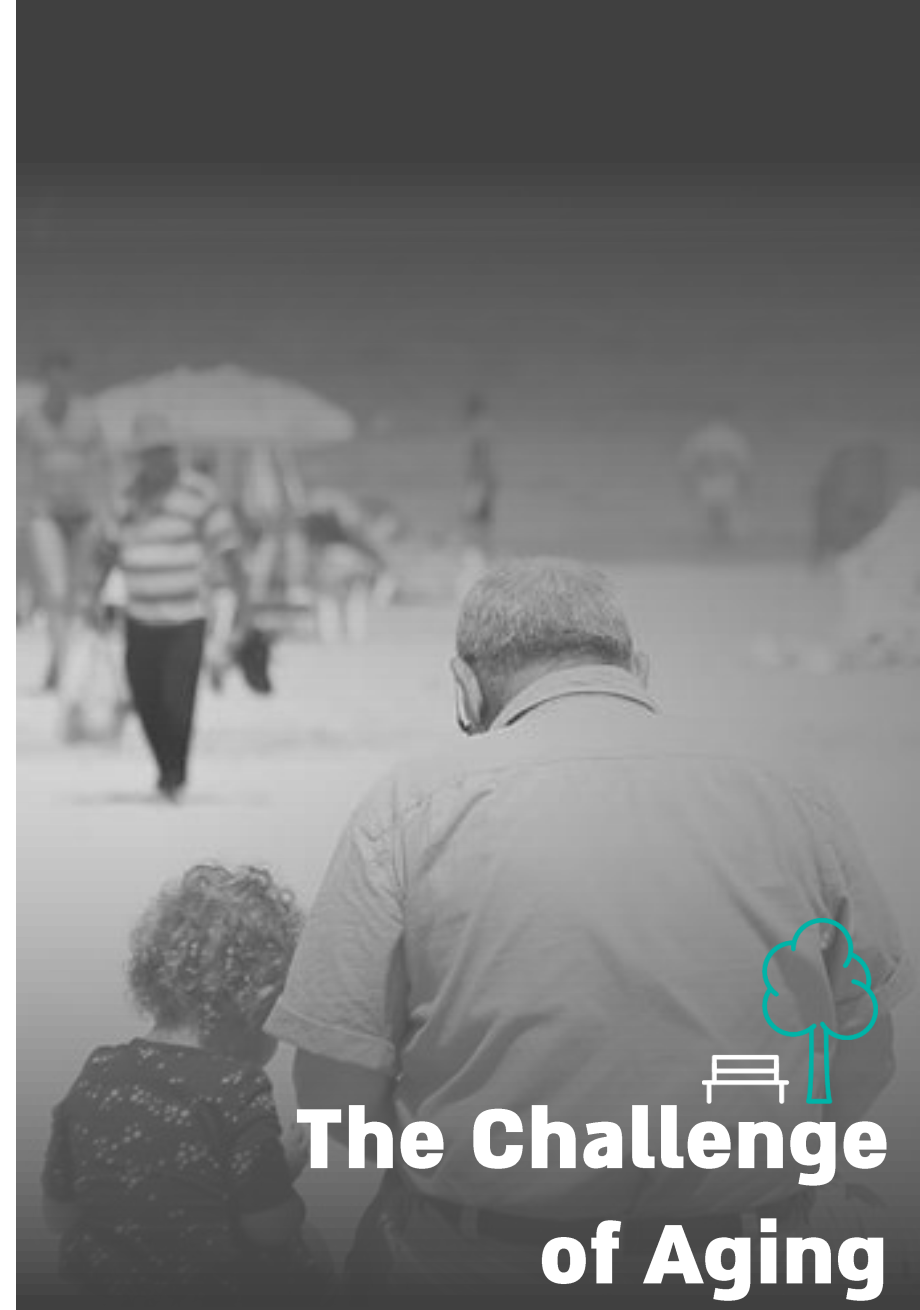
Status of Large-Scale Initiatives 2023

Completed Planning

- Digital Inclusion initiative
- Retirement Preparedness initiative
- Hospitalization & Reablement initiative

Initiated Implementation

- Age-Friendly Cities initiative (Muni100)
- Nursing care initiative

Implemented

- Quality Employment initiative
- Social Belonging Initiative

Freeze

- Accessible Housing initiative

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Status of Programs 2023

Digital Inclusion	Retirement Preparedness	Quality Employment	Social Belonging	Hospitalization & Reablement	Nursing Care	Age Friendly Cities	Accessible Housing	Other Programs (C&O)	Cross Cutting Programs
	Up60+ Centers		Family caregivers	Activenet				Holocaust survivors	
	Retirement Preparation Workshops		Integrated care	Misgav Rehabilitation Centers				Palliative care	
			Supportive community					Returning home	
			Local network	Hospital-based programs	Large-scale training	Muni 100			**Aging.il** Entrepreneur community
Tracking JDC programs	Virtual	Virtual	Daycare centers	Programs with HMOs					National school
Horizontal Initiative		Employers	Social clubs						

D ▇(green) N ▇(gray) A ▇(pink)

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Cross cutting Activities by LSI 2023

Digital inclusion	Retirement Preparedness	Quality Employment	Social Belonging	Hospitalization & Reablement	Preventive Nursing Care	Age Friendly Cities (Muni100)
Complete indicator roadmap, theory of change	Complete indicator roadmap, theory of change	Complete indicator roadmap and risk profiles	Build system of indicators for social welfare departments	Complete Indicator roadmap, develop indicator for functionality	Complete indicator roadmap, theory of change	Build indicator system for local government
Establish forum on digital inclusion	Recommendations for regulatory changes	Involve employers in change	Involve social workers and professionals in change	Recommendations for regulatory change, economic incentives	Implement incentives for postponing dependency	Recruit steering committee; create national index
Knowledge distribution: inclusive design	Involve employers in change	Build a professional community	Refine target populations (survey)	Involve HMOs and hospitals in change	Build national qualification mechanism	Involve local governments in change
Horizontal initiative						

Main Accomplishments 2022

At the Challenge Level

- First STATUS REPORT of the Central Bureau of Statistics is published

- The establishment of The National School for Optimal Aging is approved

- Aging.il is taken over by government - the Ministry of Economy)

At the LSI and Program Level

- Secured recognition of the Up60+ Centers as a national platform and multi-year authorization for its takeover by the government in a broad, national roll-out by the Ministry for Social Equality

- 36 local authorities -were selected to take part in the Social Belonging Initiative and began development process

- 20 local authorities were selected in the Muni100 Initiative and began a year of planning

- Skills training for caregivers and explored incentives for the sector

- Partnership with the National Digital Agency led by the Digital Inclusion LSI

Main Goals 2023

At the Challenge Level

- Establish National School for Optimal Aging and launch first year of activity

- Develop agreed-upon goals for the national indicators and predictive indicators

- Hold a large conference on the Dashboard and Indicators of Optimal Aging and the CBS reports

- Develop a multi-year program to integrate the indicators and goals within government work plans

At the Initiative and Program Level

- Develop a model to accelerate the "Integrative Care program" into the government and local authorities

- Complete development of and secure approval for an updated professional model for daycare centers, clubs and supportive communities to promote belonging and improve functioning. Secure a budget

- Develop a well-founded system of indicators for beta sites through the Muni 100 Initiative

- Together with the Meuchedet HMO, hold a ground-breaking pilot for those in a pre-fragile state

Budget

Expenses (per LSI)	NIS '000		$ '000	
Digital Inclusion	₪	585	$	171
Retirement Preparedness	₪	7,109	$	2,079
Hospitalization and Reablement	₪	3,819	$	1,117
Preventive Nursing Care	₪	1,918	$	561
Age Friendly Cities (Muni100)	₪	12,327	$	3,604
Social Belonging	₪	17,739	$	5,187
Quality Employment	₪	1,267	$	370
Cross-Cutting activities*	₪	3,498	$	1,023
Commitments and Opportunities *	₪	6,194	$	1,811
Professional development (staff)	₪	7,320	$	2,140
Administration	₪	7,079	$	2,070
Total	₪	68,765	$	20,107

* The physician residency program in geriatrics and the cross-cutting activities were moved to 'Obligations and opportunities'

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